Dear Parent/ Guardian,

I am currently a graduate student in the Childhood Education Masters program at Brooklyn College. I am currently in the process of working on an Action Research Project based on Obesity in Children and the effect schools have on it. I will be observing your child’s class as well as administering a survey based on their current diet. This survey will not affect your child’s grades in any way and will be anonymous in my study and data records. All findings and results will be reported and shared as a group, which means your child will be anonymous.

In order to successfully conduct my research, I am requesting your permission to use your student’s data for my research study. If you have any questions or concerns, please feel free to contact me via email at [mmorales@s4is.org](mailto:mmorales@s4is.org) or by cell phone at 646-821-0025.

Thank you in advance for your support!

Sincerely,

Michelle Morales

I give \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Student’s name) permission to take part in the research study.

Parent/Guardian Signature : Date:

Dear Principal,

I am currently a graduate student in the Childhood Education Masters program at Brooklyn College. I am currently in the process of working on an Action Research Project based on Obesity in Children and the effect schools have on it. Therefore, I am requesting your permission to observe 6 Early Intervention students in my classroom in your school. My research will involve me implementing a Healthy Nutritional Diet and an exercise plan 3x a week, for 30 min, for 1 month, before lunch, so that in turn it will motivate 6 JHS level students to choose a healthier diet, with less fatty foods and exercise on a regular basis.

In order to successfully conduct my research, I am requesting your permission to use my classroom in your school for data in my research study. If you have any questions or concerns, please feel free to contact me via email at [mmorales@s4is.org](mailto:mmorales@s4is.org) or by cell phone at 646-821-0025.

Thank you in advance for your support!

Sincerely,

Michelle Morales

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Principal’s name) give Michelle Morales permission to take use my school JHS X in the research study.

Principal’s Signature : Date: